



LULAC Stockton Youth Leadership Conference

League of United Latin American Citizens
Stockton Council 2060, Stockton, California

**2018 LULAC Youth Leadership Conference
Friday, November 16, 2018**

**7:30 a.m. to 4:00 p.m.
San Joaquin Delta College
Stockton, California**

Register on-line at <http://youth.sulandassociates.com> today!

Registration deadline is November 2, 2018



2018 LULAC Youth Leadership Conference
Register online at <http://youth.sulandassociates.com> today!

2018 LULAC Youth Leadership Conference Application

Student Name

First

Middle

Last

Have you attended this conference before? Yes No

Mailing Address

Phone

(____) _____

Email Address

Birth Date (mo/day/yr)

___/___/___

Gender

Ethnicity[†]

African American

Asian

Filipino

Latino

Native American

White

Other

Current Grade

4

5

6

7

8

9

10

11

12

13=Community College

14=University

15=Other

Current School/District

Workshop and Forum Preferences

For this section, please refer to the attached workshop and forum list. Write your top choices (1=most favorite, 3=least favorite) according to workshop number.

Workshop

1. _____

2. _____

3. _____

Then choose one Forum presentation to attend.

Forum

A. _____

B. _____

C. _____

D. _____

E. _____

Parent/Guardian Information[†]

Full Name

Home Phone

Work Phone

Email Address

Employer[†]

Occupation[†]

Highest Level of Education[†]

Planning to Attend?

+ optional items to be used to help us provide services to families



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2018 LULAC Youth Leadership Conference Workshops

1. Babies Start With A Kiss

(OPEN TO GRADES: 9-12)

Teen Pregnancy – it's an issue many young people face today. What's life like as a teen parent? This session will explore the questions of teen parenting and provide an understanding of what life might be like as a teen parent. This session requires written approval from your parent to attend.

2. Is This The Right Person For You?

(OPEN TO GRADES: 7-9)

Having a boyfriend or girlfriend is the necessary part of personal development and can be fun, but there are also challenges and choices to think about. How do you know if a person is right for you? This session will explore how to plan and prepare for this important part of growing up.

3. Love Shouldn't Hurt

(OPEN TO GRADES: ALL)

Are you concerned about your own relationship? Someone else's? Do you just want to be more informed? Whatever your motivation, educating yourself about the issue is the first step to ending domestic violence. Teen dating violence affects teens across the country. Physical violence isn't the only type of abuse. You could be harming someone close to you in verbal or emotional ways, like through name calling, put-down, isolation and other types of control. You may not realize it, but some of your actions may be hurtful or even abusive. Lots of people do not recognize abuse when it happens or don't know how to tell whether or not a relationship is healthy. Educate yourself about domestic violence. You will learn ways to recognize abuse early on in a relationship.

4. Don't Lose A Friend To Drugs

(OPEN TO GRADES: ALL)

If you or someone you know is smoking, drinking, or doing drugs your future and health could be at risk. If you've thought about it, or have been asked to "just try it," think again. Come learn about the facts behind substance use and abuse and their effects in our community.

5. Say No To Drugs – Say No To Meth!

(OPEN TO GRADES: ALL)

Methamphetamine (Meth) is a powerful and highly addictive stimulant drug that dramatically affects the central nervous system. It is usually illegally produced and distributed. Students will learn about this growing epidemic and the dangerous effects of Meth on their bodies. A documentary DVD on Meth will be presented.

6. Get Ready For The Workforce! Merging Your Education With A Career!

(OPEN TO GRADES: ALL)

San Joaquin Delta College offers 36 Career and Technical Education programs. Students completing a Career and Technical Education pathway at Delta College will have job ready skills leading to the opportunity for rewarding industry positions. Students can merge their education with **great** careers! Some of the Applied Science programs include: Automotive; Caterpillar ThinkBIG; Diesel Tech: Electrical Tech; Electronics; Engineering; Fluid Power Tech; Heating and Air Conditioning; Industrial Tech; Mechanical Tech; Welding Tech.

7. Want A Job?

(OPEN TO GRADES: 9-12)

Getting the job of your dreams can be contingent on two things; having the right resume and giving a good interview. In this session you will learn how to write a winning resume and learn what are the top ten most commonly asked questions in an interview. After this workshop, you'll be able to get the job you want!

8. Crime Can Pay!

(OPEN TO GRADES: ALL)

What side of the law do you want to live your life? One ends in an early death or incarceration, and one pays well and helps others....you be the JUDGE! Learn what it takes to be a Police Officer, a Lawyer or a Judge. This session will answer questions about what kind of education you need, how to apply for these jobs, and what the job is really like. There will also be a question and answer period, as well as solutions for staying out of trouble, or what to do if you should ever get in trouble.

9. Be Your Own Boss!

(OPEN TO GRADES: ALL)

Interested in starting a business? This session will explain the basics of getting the business started and give ideas on operating a successful business. The importance of a business plan, researching potential customers and building strong networks will also be explained.



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10. Meeting Deadlines

(OPEN TO GRADES: ALL)

At its best, journalism empowers communities by informing them about their neighborhoods, their neighbors and the wider world, and by holding public agencies and officials accountable for the people they have a responsibility to serve. This workshop will guide students through the process local reporters use when deciding what stories to cover and when – as well as help them begin to develop their own stories about events and issues they believe are relevant to their lives and those of their peers. Opportunities in the field of journalism will be presented.

11. Beat The Heat...Become A Firefighter!!

(OPEN TO GRADES: ALL)

Firemen, also known as firefighters, have a tough, honorable, and rewarding job. Their main concern is putting out fires, but they also work in preventing and educating people about fire safety. If you are interested in this line of work, attend this workshop. The speaker will share information on how to become a firefighter. Education, physical fitness and training for this career will be presented. The benefits you receive as a fireman: Respect, Pay and Benefits.

12. Are The Armed Services A Career Option?

(OPEN TO GRADES: ALL)

Meet, listen and ask questions from enlisted military personnel from the United States Marine Corps. Get the right answers to your questions about military life. The presenter is not a military recruiter and he will share why he chose the military, his experience and opportunities after military service.

13. Youth Eagles Aviation And Space Academy

(OPEN TO GRADES: ALL)

Students will learn about engineering principles of loads, stability, forces, acceleration, momentum and energy. Students will participate hands-on working on an aircraft wing. Career opportunities in the aerospace industry will be presented.

14. Career Pathways and Road Maps for an Attorney

(OPEN TO GRADES: ALL)

How do you become a lawyer? What does a lawyer really do? Is all the work really worth it? Lisa Blanco Jimenez will answer these questions by sharing her story of how she got into law school, how she got through law school, how she passed the California bar exam, and how she became the first Latino/a partner in the largest and oldest law firm in San Joaquin County. Lisa will also speak on the unlimited career paths and job opportunities available to attorneys.

15. Success in Life through the Science of HOPE and RESILIENCY

(OPEN TO GRADES: ALL)

Did you know that having success in life depends on your sense of hope and your ability to bounce back from difficult challenges? This session will help you learn about the Science of Hope and how to apply it in the four areas of Consciousness, Conduct, Culture and Community. You will also learn to identify the essential components of the Psychology of Resiliency following the latest insights in Cultural Wisdom and Neurosciences, specifically how to impacts your sense of Self, Story and Future and how this relates to success in leadership and education.

16. Money Management – Start Now!

(OPEN TO GRADES: ALL)

Want to learn the truth about money? This session is designed to help you understand and explore ways to take advantage of opportunities available to you in today's economic environment. Learn how to set up a savings and checking account and make your money work for you. You will learn the value of compounding interest and setting up

17. Turning 18? The Truth And Magic Of Turning 18

(OPEN TO GRADES: 10-12)

Turning the magical age of 18 has a major effect on the lives of young people. But, there are some things every 18 year old needs to know. This session will address important challenges you need to understand regarding legal consequences of your actions and responsibilities of being an adult. Information on a career in law enforcement will also be presented.

18. San Joaquin County “Hot Spots”

(OPEN TO GRADES: ALL)

You may not know, it, but lots of people visit San Joaquin County! This session will look at why our area is a fun place to visit, the role of the tourism industry, job in tourism, and how tourism can help impact our community's quality of life. Get ready to learn about local “Hot Spots”, events, and attractions that you and your family and friends can enjoy right in your own hometown!

19. The Perfect Picture

(OPEN TO GRADES: ALL)

Interested in photography? Learn how local photographers have followed their passion of photography, not only by making a living at photography, but also adding their artistic talents to create art with photography.



20. San Joaquin Delta College Tours

(OPEN TO GRADES: ALL)

Take a tour of Delta College. Explore this beautiful campus and discover the vast resources available to you and our community. From E-Services to training, there are activities that will address your every need. Whether you are continuing your education or simply interested in arts and crafts, Delta College can be your starting point.

21. Undocumented and Unafraid

(OPEN TO GRADES: ALL)

Learn about helpful student resources, coping strategies to manage stress and avenues for civic engagement.

22. Let's Go To College!

(OPEN TO GRADES: ALL)

Going to college is one of the best choices you will ever make for yourself. It can make a difference in the type of life you will have. Earning a college degree offers many rewards to those students who have the drive, determination, and think about their future. Find out how you can prepare today for a rewarding and fun life ahead that includes going to college.

23. Careers In Music

(OPEN TO GRADES: ALL)

Are you interested in pursuing a career in music? Attend this workshop with accomplished musician and Delta College Instructor Brian Kendrick. Meet former students who now have successful careers in music.

24. On The Air with RTV

(OPEN TO GRADES: ALL)

Ever wanted to be on the radio or T.V.? Come and explore what it's like to be behind the MIC, and be on live radio at Delta College's KWDC 93.5 LP FM. The workshop with Professor Adriana Brogger will highlight careers as a sports announcer, radio disc jockey and radio station engineer.

25. Chicano X Literature Visited

(OPEN TO GRADES: ALL)

This workshop is designed to introduce students to the dynamic and growing field of Chicana(o)/Studies/ Literature.

26. Medical School the Nuts and Bolts of Getting In

(OPEN TO GRADES: ALL)

This workshop would help students who are interested in the Medical field. It would talk about what are the requirements, how to apply and get ready from now. It also talks about study skills and what kind of character it takes to get into the Medical field.

27. Fast Track Your College Education!

(OPEN TO GRADES: ALL)

Humphreys University, is a private non-profit, regionally accredited, degree granting educational institution offering a wide variety of educational experiences. If you are an ambitious student pursuing a fast track from high school through college, Humphreys is the place for you. Start with ABLE Charter High School, which provides an opportunity for students to take college courses toward their high school diploma and a college degree at the same time and at no charge! At Humphreys you can complete an Associate, Bachelors, Masters or Juris Doctorate Degree. If you are interested in business, criminal justice or legal careers, teaching, community work, or becoming an attorney it would be worth stopping by and meeting professionals who are excited about sharing their life and career experiences with you.

28. Discover Your Key To Success

(OPEN TO GRADES: ALL)

Who are you? Who do you want to be? It's said that in order to really know yourself, you gotta know where you've been, and that includes discovering Latinx experiences in education. Come join us in this workshop where we'll talk about how you can use who you are to achieve what you want in life. **We will have a raffle for those who attend our workshop! Art by Lalo Alcaraz and cool Jansport backpacks!**

29. Stress Management

(OPEN TO GRADES: ALL)

Anxiety can negatively affect a teenager's day-to-day living. For some, the situation may be made worse by past or ongoing experiences with violence, neglect, substance use, or homelessness. The **Resilience Squad** series will present a workshop on Stress Management to help high school students better cope with stress and adversity.

- Identifies stressors through a visual art activity and science-based exploration.
- Provides tools so participants can discover and share coping methods.
- Introduces a physical theatre activity to help build community support for reducing stress.



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30. Chicano Research Center

(OPEN TO GRADES: ALL)

With ethnic studies becoming a high school requirement, it is more and more important that we know what we are studying, researching and its accuracy.

In this workshop you will explore some myth and what the truth is. Mr. Soto will discuss several examples and share some research tools with you.

31. Healthy Communication

(OPEN TO GRADES: ALL)

Anxiety can negatively affect a teenager's day-to-day living. For some, the situation may be made worse by past or ongoing experiences with violence, neglect, substance use, or homelessness. The **Resilience Squad** series will present a workshop on Healthy Communication to help high school students better cope with stress and adversity.

- Models healthy communication and expressing needs through role plays.
- Facilitates the creation of personal illustrations to understand both current and aspirational boundaries.
- Engages in stimulating group discussion to solidify best communication practices.



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2018 LULAC Youth Leadership Conference Forum Roster

A. Health Care Career And Services Forum

Explore a career in Health Care Services and consider the numerous employment opportunities in the Health Care Industry. In this session, you'll also learn about "Community Health" and its importance in ensuring the health of Latino under-represented families in San Joaquin County. You will have an excellent opportunity to hear from professionals in the field of Health Care service delivery.

B. College Admissions, Financial Aid And Opportunities Forum

You want to go to college, but you're strapped for cash, or can't decide where to go or how to apply? This session will provide information about the various financial aid programs, grants and scholarship opportunities available for students. It will walk you through the college admissions process and what you need to do to successfully secure admission. You will also leave with an awareness of the differences and advantages of starting your college career at a community college or a four-year university.

C. Law Enforcement And Careers Forum

What side of the law do you want to live your life? One ends in an early death or incarceration, and one pays well and helps others. Learn what it takes to be Police Officer or a Lawyer. This session will answer questions about what kind of education you need, how to apply for these jobs, and what the job is really like. There will also be a question and answer period, as well as solutions for staying out of trouble, or what to do if you should ever get in trouble.

D. Sciences, Technology, Engineering, Mathematics (STEM) Career Forum

Be the movers and the shakers of your generation. Consider careers in the field of Science, Technology, Engineering and Mathematics (STEM). STEM careers are evolving into the most exciting, high demand and high paying jobs of the future.

There are on an average, two (2) jobs for every STEM graduate. Your career opportunities will be endless and worldwide. These are the careers that make the world go round and take it to new heights. This forum will provide you with an opportunity to hear from STEM professionals that will expose you the many career opportunities for you to consider.



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2018 LULAC YOUTH LEADERSHIP CONFERENCE

CONFERENCE ATTENDANCE PERMIT (Page 1)

EACH PARTICIPANT MUST RETURN THIS FORM FULLY FILLED OUT ON BOTH PAGES TO THE SPONSOR BEFORE HE/SHE MAY ATTEND THE CONFERENCE.

Name of Student: _____ School: _____

I hereby agree to permit my son/daughter to take part in the school activity listed below and to use the transportation indicated:

Activity: Youth Leadership Conference Destination: San Joaquin Delta College

Date of Trip: November 16, 2018 Transportation: _____ (Insert School Bus, Private Car, etc.)

Departure Time _____ Return Time: _____

Purpose of Trip: LULAC Youth Leadership Conference

Name of Sponsor(s): _____

Home Phone: _____ School Extension: _____

It is agreed that my son/daughter will abide by the provisions in the California Education Code, the Official Operating Policies of the School District, and the rules and regulations of the sponsoring teacher while participating in this field trip.

I hereby agree and understand that if my son/daughter breaks any rules and regulations that places the safety, education, or welfare of the group or himself/herself in jeopardy, he/she will be sent home early and at my expense.

If he/she breaks any of these rules and regulations, I give my permission to the sponsoring teacher to take whatever disciplinary action is judicious to ensure the safety, welfare, and education of the group.

I also agree that in the event of an emergency, the supervising adults may seek any medical treatment or surgery needed for my son/daughter without further approval while he/she is on the trip.

I also give permission for the use of any survey data collected on the conference application or during the conference event. No student names will be used during the publication of findings related to the obtained information.

I further agree that while on this trip my son's/daughter's picture may be taken and reproduced for education and conference promotional purposes using still, motion, or video tape.

Student's Signature: _____

Parent/Guardian's Signature: _____

Address: _____

Business Phone: _____

Home Phone: _____



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CONFERENCE ATTENDANCE PERMIT (Page 2)

SPECIAL PERMISSION REQUIRED:

The Workshop entitled “Babies start with a Kiss” focuses on individual responsibility and the impact an unplanned teenage pregnancy may have on a young persons future, limiting career choices and opportunities. To participate in this workshop, parental permission is requested.

Parental Permission, is hereby, granted by: _____
(Parent’s Signature) Date

CHILD’S MEDICAL RECORD

(Check all items)

Yes No

- ____ ____ 1. Does your child take any medicine regularly? If so, please specify. _____
- ____ ____ 2. Is your child allergic or sensitive to medicines and/or inoculations, asthma, hay fever, insect bites, poison oak, any foods, etc? If yes, give details and list medications.

- ____ ____ 3. Is your child covered by medical insurance? If yes, please specify.
Carrier: _____
Policy Number: _____
Additional Instructions: _____
- ____ ____ 4. Has your child had a tetanus shot before? If yes, how many total has he/she had? _____
How long ago did he/she receive the last tetanus shot? _____

Please specify any other information that would be helpful for the adults supervising the activity (significant recent illness, accident, health history, etc.

Name of Student’s Physician: _____ Phone: _____

In an emergency, if you cannot be reached, whom should we contact?

Emergency Contact: _____ Relationship: _____

Emergency Phone Number: _____ Home Phone: _____





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Friday, November 16, 2018
7:30 a.m. to 4:00 p.m.
San Joaquin Delta College, Stockton, California

The League of United Latin American Citizens, Stockton Council 2060, in Partnership with San Joaquin Delta College and numerous community service organizations throughout San Joaquin County will be holding its 2018 LULAC Youth Leadership Conference.

DATE: Friday, November 16, 2018

PLACE: San Joaquin Delta College

ADDRESS: 5151 Pacific Avenue
Stockton, CA 95207

TIME: 7:30 a.m. to 4:00 p.m.

FOR MORE INFO: Gloria Gamez (209) 468-3524

**Be
inspired!**

The 2018 LULAC Youth Leadership Conference will provide speakers and workshops on a variety of topics including:

- employment and career opportunities
- leadership
- community resources
- scholarships
- health awareness

**Free
Registration!**

**Lunch is
Provided!**

Join us for a wonderful day building your awareness of the secrets to your success.

Register on-line at <http://youth.sulandassociates.com> today!

Registration deadline is November 2, 2018.

**Arrive early for
Continental
Breakfast!**



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San Joaquin Delta College, Stockton, California

The following agencies are represented on the conference planning committee.

- Anthem Blue Cross
- California State University, Sacramento
- California Human Development
- Council for the Spanish Speaking
- Health Plan of San Joaquin
- Human Services Agency of San Joaquin County
- Latinas United Republican Women Federated
- Latino Graduation Recognition
- League of United Latin American Citizens Stockton Council 2060
- Local School Districts in San Joaquin County
- Mexican Heritage Center
- Mexican-American Hall of Fame
- San Joaquin County Hispanic Chamber of Commerce
- San Joaquin County Office of Education
- San Joaquin County WorkNet
- San Joaquin Delta College
- San Joaquin Lions Club
- Sul and Associates
- University of the Pacific



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