



LULAC Stockton Youth Leadership Conference

**League of United Latin American Citizens
Stockton Council 2060, Stockton, California**

**2013 LULAC Youth Leadership Conference
Friday, November 1, 2013**

**7:30 a.m. to 4:00 p.m.
San Joaquin Delta College
Stockton, California**

Register on-line at <http://youth.sulandassociates.com> today!

Registration deadline is October 18, 2013.



2013 LULAC Youth Leadership Conference
Register online at <http://youth.sulandassociates.com> today!

2013 LULAC Youth Leadership Conference Application

Student Name

First

Middle

Last

Have you attended this conference before? Yes No

Mailing Address

Phone

(____) _____

Email Address

Birth Date (mo/day/yr)

___/___/___

Gender

Ethnicity[†]

African American

Asian

Filipino

Latino

Native American

White

Other

Current Grade

4

5

6

7

8

9

10

11

12

13=Community College

14=University

15=Other

Current School/District

Workshop and Forum Preferences

For this section, please refer to the attached workshop and forum list. Write your top choices (1=most favorite, 3=least favorite) according to workshop number.

Workshop

1. ____

2. ____

3. ____

Then choose one Forum presentation to attend.

Forum

A. ____

B. ____

C. ____

D. ____

E. ____

Parent/Guardian Information[†]

Full Name

Home Phone

Work Phone

Email Address

Employer[†]

Occupation[†]

Highest Level of Education[†]

Planning to Attend?

[†] optional items to be used to help us provide services to families



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2013 LULAC Youth Leadership Conference Workshops

1. Babies Start With A Kiss

(OPEN TO GRADES: 9-12)

Teen Pregnancy – it's an issue many young people face today. What's life like as a teen parent? This session will explore the questions of teen parenting and provide an understanding of what life might be like as a teen parent. This session requires written approval from your parent to attend.

2. Is This The Right Person For You?

(OPEN TO GRADES: 7-9)

Having a boyfriend or girlfriend is the necessary part of personal development and can be fun, but there are also challenges and choices to think about. How do you know if a person is right for you? This session will explore how to plan and prepare for this important part of growing up.

3. Love Shouldn't Hurt

(OPEN TO GRADES: ALL)

Are you concerned about your own relationship? Someone else's? Do you just want to be more informed? Whatever your motivation, educating yourself about the issue is the first step to ending domestic violence. Teen dating violence affects teens across the country. Physical violence is the only type of abuse. You could be harming someone close to you in verbal or emotional ways, like through name calling, put-down, isolation and other types of control. You may not realize it, but some of your actions may be hurtful or even abusive. Lots of people do not recognize abuse when it happens or don't know how to tell whether or not a relationship is healthy. Educate yourself about domestic violence. You will learn ways to recognize abuse early on in a relationship.

4. Don't Lose A Friend To Drugs

(OPEN TO GRADES: ALL)

If you or someone you know is smoking, drinking, or doing drugs your future and health could be at risk. If you've thought about it, or have been asked to "just try it," think again. Come learn about the facts behind substance use and abuse and their effects in our community.

5. Say No To Drugs – Say No To Meth!

(OPEN TO GRADES: ALL)

Methamphetamine (Meth) is a powerful and highly addictive stimulant drug that dramatically affects the central nervous system. It is usually illegally produced and distributed. Students will learn about this growing epidemic and the dangerous effects of Meth on their bodies. A documentary DVD on Meth will be presented.

6. Want A Job?

(OPEN TO GRADES: 9-12)

Getting the job of your dreams can be contingent on two things; having the right resume and giving a good interview. In this session you will learn how to write a winning resume and learn what are the top ten most commonly asked questions in an interview. After this workshop, you'll be able to get the job you want!

7. Crime Can Pay!

(OPEN TO GRADES: ALL)

What side of the law do you want to live your life on? One ends in an early death or incarceration, and one pays well and helps others.. you be the JUDGE! Learn what it takes to be a Police Officer, a Lawyer or a Judge. This session will answer questions about what kind of education you need, how to apply for these jobs, and what the job is really like. There will also be a question and answer period, as well as solutions for staying out of trouble, or what to do if you should ever get in trouble.

8. Be Your Own Boss!

(OPEN TO GRADES: ALL)

Interested in starting a business? This session will explain the basics of getting the business started and give ideas on operating a successful business. The importance of a business plan, researching potential customers and building strong networks will also be explained.

9. Do You Love Animals?

(OPEN TO GRADES: ALL)

Do you like animals? Explore the field of zoology and veterinarian services. Consider a branch of medicine dealing with the prevention and treatment of injuries and illnesses in animals. Imagine having a dream job and getting paid for something you would do for fun.



10. Making Headlines

(OPEN TO GRADES: ALL)

At its best, journalism empowers communities by informing them about their neighborhoods, their neighbors and the wider world, and by holding public agencies and officials accountable for the people they have a responsibility to serve. This workshop will guide students through the process local reporters use when deciding what stories to cover and when – as well as help them begin to develop their own stories about events and issues they believe are relevant to their lives and those of their peers. Opportunities in the field of journalism will be presented.

11. Beat the Heat...Become a Firefighter!!

(OPEN TO GRADES: ALL)

Firefighters have a tough, honorable, and rewarding job. Their main concern is putting out fires, but they also work in preventing and educating people about fire safety. If you are interested in this line of work, attend this workshop. The speaker will share information on how to become a firefighter. Education, physical fitness and training for this career will be presented. The benefits you receive as a fireman: Respect, Pay and Benefits.

12. Are the Armed Services a Career Option?

(OPEN TO GRADES: ALL)

Meet, listen and ask questions from enlisted military personnel from the United States Air Force. Get the right answers to your questions about military life. The presenter is not a military recruiter and she will share why she chose the military, her experience and opportunities after military service.

13. LULAC Youth Eagles Aviation and Space Academy

(OPEN TO GRADES: ALL)

Students will learn what engineering principles of loads, stability, forces, acceleration, momentum and energy. Career opportunities in the aerospace industry will be presented.

14. Money Management – Start Now!

(OPEN TO GRADES: ALL)

Want to learn the truth about money? This session is designed to help you understand and explore ways to take advantage of opportunities available to you in today's economic environment. Learn how to set up a savings and checking account and make your money work for you. You will learn the value of compounding interest and setting up educational and retirement accounts.

15. Sus Finanzas

(OPEN TO GRADES: ALL)

Do you want to attend the college of your choice and graduate without a large amount of debt? If you do, this workshop will teach you vital financial tips you need to know before and during college. If you want to start your career without the huge cloud of revolving debt hanging over your head, this is the workshop you want to attend.

16. Turning 18? The Truth and Magic of Turning 18

(OPEN TO GRADES: 10-12)

Turning the magical age of 18 has a major effect on the lives of young people. But, there are some things every 18 year old needs to know. This session will address important challenges you need to understand regarding legal consequences of your actions and responsibilities of being an adult. Information on a career in law enforcement will also be presented.

17. San Joaquin Hot Spots

(OPEN TO GRADES: ALL)

Many young people in San Joaquin County complain about the lack of youth activities available in our community. This session will look at the many activities and opportunities actually available, and allow participants to discuss their personal views of what needs to be done to engage more youth in positive programs.

18. The Perfect Picture

(OPEN TO GRADES: ALL)

Interested in photography? Learn how local photographers have followed their passion of photography, not only by making a living at photography, but also adding their artistic talents to create art with photography.

19. The Benefits and Dangers of Social Networking

(OPEN TO GRADES: ALL)

Considering the digital age, and how so many youth spend so much of their time on social networks like TWITTER, MYSPACE and FACEBOOK, this workshop will focus on social networking. Join KWIN celebrity Amanda King and participate in a discussion that will attempt to address the benefits and dangers of social networking. Amanda will also talk about Striving for Greatness! Understanding that hurt people, hurt people. How to work through the pain of disappointments to reach your full potential.



20. San Joaquin Delta College Tours**(OPEN TO GRADES: ALL)**

Take a tour of Delta College. Explore this beautiful campus and discover the vast resources available to you and our community. From E-Services to training, there are activities that will address your every need. Whether you are continuing your education or simply interested in arts and crafts, Delta College can be your starting point.

21. NASA Space Exploration**(OPEN TO GRADES: ALL)**

An overview presentation of NASA's work in Space Exploration: The methods for exploring other planets; the means of launching spacecraft to those planets, and the technical challenges of performing such explorations. Career opportunities with NASA will also be covered.

22. Delta College Process for CA DREAMers**(OPEN TO GRADES: ALL)**

An opportunity for CA DREAMer students and allies to learn about college resources, how to discover the power you have as students and get connected with a larger network of undocumented students at Colleges & Universities statewide.

23. Let's Go To College!**(OPEN TO GRADES: ALL)**

Going to college is one of the best choices you will ever make for yourself. Going to college can make a difference in the type of life you will have. Going to college and earning a college degree offers many rewards to those students who have the drive, determination, and think about their future. Find out how you can prepare today for a rewarding and fun life ahead that includes going to college.

24. Focus on Citizenship**(OPEN TO GRADES: ALL)**

Do you want to be a leader? Regardless of your interest-family, neighborhood, school, work, career-leadership is built on the foundation of basic citizenship principles.

This session will outline the inter-relationship between leadership and citizenship and why it's harder to be a good leader if you don't understand citizenship.

25. Theater Arts, Stage and Sound**(OPEN TO GRADES: ALL)**

If you are interested in the world of Theater Arts this workshop was meant for you. Get an overview of the backstage scene shop where stages are designed and built, the many facets of stage lighting and sound for the theater.

26. Careers in Music**(OPEN TO GRADES: ALL)**

Are you interested in pursuing a career in music? Attend this workshop with accomplished musician and Delta College Instructor Brian Kendrick. Meet former students who now have successful careers in music.

27. Artifacts en Nuestra Casa**(OPEN TO GRADES: ALL)**

In this workshop Mr. Richard Soto will demonstrate some common Mexican Chicano historical artifacts that can be found lying around the house, attic, and basement or hidden in drawers. Mr. Soto will authenticate these artifacts and back them up with Libros (Books), Corridos (Music) and DVD's and place them within a historical time period.

This workshop is for all age groups, especially students interested in nuestra historia (Mexican history). See <http://bibliotecasanjoaquinmurrietalibrary.com> for more information.



2013 LULAC Youth Leadership Conference Forum Roster

A. Health Care Career and Services Forum

Explore a career in Health Care Services and consider the numerous employment opportunities in the Health Care Industry. In this session, you'll also learn about "Community Health" and its importance in ensuring the health of Latino families in San Joaquin County. You'll learn about illness, treatment and prevention. You will have an excellent opportunity to hear from professionals in the field of Health Care service delivery and career opportunities.

B. College Admissions and Opportunities Forum

You want to go to college, but you're strapped for cash, or can't decide where to go or how to apply? This session will provide information about the various financial aid programs, grants and scholarship opportunities available for students. It will walk you through the college admissions process and what you need to do to successfully secure admission. You will also leave with an awareness of the differences and advantages of starting your college career at a community college or a four-year university.

C. Law Enforcement and Careers Forum

What side of the law do you want to live your life on? One ends in an early death or incarceration, and one pays well and helps others. Learn what it takes to be Police Officer or a Lawyer. This session will answer questions about what kind of education you need, how to apply for these jobs, and what the job is really like. There will also be a question and answer period, as well as solutions for staying out of trouble, or what to do if you should ever get in trouble.

D. Sciences, Technology, Engineering, Mathematics (STEM) Forum

Be the movers and the shakers of your generation. Consider careers in the field of Science, Technology, Engineering and Mathematics (STEM). STEM careers are evolving into the most exciting, high demand and high paying jobs of the future.

There are on an average, two (2) jobs for every STEM graduate. Your career opportunities will be endless and worldwide. These are the careers that make the world go round and take it to new heights. This forum will provide you with an opportunity to hear from STEM professionals that will expose you the many career opportunities for you to consider.

E. Kaiser Permanente's Theater Production Presentation, "Secrets"

Kaiser Permanente's Theater Production Presentation, "Secrets", the award-winning health education performance, will be offered free of charge to conference participants. "Secrets" has been seen by nearly three (3) million students nationwide. This live theater production uses drama, humor and an ethnically diverse cast to education teens about the dangers of HIV and sexually transmitted infections.

A signed permission slip from your parents or guardians will be required to attend this presentation.

Important Notice

A signed permission slip from your parents or guardians will be required to attend this presentation. You can access the permission slip and more information about Kaiser Permanente's Secret Presentation

California Education code requires schools to notify their parents of the information that will be provided regarding HIV/AIDS. Kaiser Permanente provides a parent guide for students to review with their parents prior to the performance.





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2013 LULAC YOUTH LEADERSHIP CONFERENCE

CONFERENCE ATTENDANCE PERMIT (Page 1)

EACH PARTICIPANT MUST RETURN THIS FORM FULLY FILLED OUT ON BOTH PAGES TO THE SPONSOR BEFORE HE/SHE MAY ATTEND THE CONFERENCE.

Name of Student: _____ School: _____

I hereby agree to permit my son/daughter to take part in the school activity listed below and to use the transportation indicated:

Activity: Youth Leadership Conference Destination: San Joaquin Delta College

Date of Trip: November 1, 2013 Transportation: _____ (Insert School Bus, Private Car, etc.)

Departure Time _____ Return Time: _____

Purpose of Trip: LULAC Youth Leadership Conference

Name of Sponsor(s): _____

Home Phone: _____ School Extension: _____

It is agreed that my son/daughter will abide by the provisions in the California Education Code, the Official Operating Policies of the School District, and the rules and regulations of the sponsoring teacher while participating in this field trip.

I hereby agree and understand that if my son/daughter breaks any rules and regulations that places the safety, education, or welfare of the group or himself/herself in jeopardy, he/she will be sent home early and at my expense.

If he/she breaks any of these rules and regulations, I give my permission to the sponsoring teacher to take whatever disciplinary action is judicious to ensure the safety, welfare, and education of the group.

I also agree that in the event of an emergency, the supervising adults may seek any medical treatment or surgery needed for my son/daughter without further approval while he/she is on the trip.

I also give permission for the use of any survey data collected on the conference application or during the conference event. No student names will be used during the publication of findings related to the obtained information.

I further agree that while on this trip my son's/daughter's picture may be taken and reproduced for education and conference promotional purposes using still, motion, or video tape.

Student's Signature: _____

Parent/Guardian's Signature: _____

Address: _____

Business Phone: _____

Home Phone: _____



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CONFERENCE ATTENDANCE PERMIT (Page 2)

SPECIAL PERMISSION REQUIRED:

The Workshop entitled "Babies start with a Kiss" focuses on individual responsibility and the impact an unplanned teenage pregnancy may have on a young persons future, limiting career choices and opportunities. To participate in this workshop, parental permission is requested.

Parental Permission, is hereby, granted by: _____ Date _____
(Parent's Signature)

CHILD'S MEDICAL RECORD

(Check all items)

Yes No

- _____ 1. Does your child take any medicine regularly? If so, please specify. _____
- _____ 2. Is your child allergic or sensitive to medicines and/or inoculations, asthma, hay fever, insect bites, poison oak, any foods, etc. If yes, give details and list medications.

- _____ 3. Is your child covered by medical insurance? If yes, please specify.
Carrier: _____
Policy Number: _____
Additional Instructions: _____
- _____ 4. Has your child had a tetanus shot before? If yes, how many total has he/she had? _____
How long ago did he/she receive the last tetanus shot? _____

Please specify any other information that would be helpful for the adults supervising the activity (significant recent illness, accident, health history, etc.)

Name of Student's Physician: _____ Phone: _____

In an emergency, if you cannot be reached, whom should we contact?

Emergency Contact: _____ Relationship: _____

Emergency Phone Number: _____ Home Phone: _____





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2013 LULAC YOUTH LEADERSHIP CONFERENCE

CONFERENCE ATTENDANCE PERMIT (Page 3)

SPECIAL PERMISSION REQUIRED:

On Friday November 1, 2013, The LULAC Youth Leadership Conference at San Joaquin Delta College will offer an award-winning health education performance called Secrets, which is provided to our conference participants free of charge by Kaiser Permanente. Secrets, which has been seen by nearly three million students nationwide, is a live theatre production that uses drama, humor and an ethnically diverse cast to educate teens about the dangers of HIV and sexually transmitted infections (STIs).

Secrets tells the story of Eddie and Monica. He is a high school athlete with a bright future whose first sexual experience places him at risk of HIV infection; she is a popular student who is committed to abstinence. Tragic consequences interrupt their lives when Eddie learns that he is HIV positive. As the play unfolds, the audience learns the choices they make can have a lasting impact on their health and the health of those they care about.

The live production is followed by a 15-minute question and answer session with the cast members who are trained as health educators by physicians, HIV experts and licensed counselors.

Students will learn through the characters that: 1) Abstinence is the only 100 % effective way to prevent HIV and other STIs, 2) Actions have consequences, 3) Responsible decision-making can prevent a person from becoming HIV positive, and 4) There are effective ways to resist peer pressure.

All medical information in Secrets is based on the research findings of the U.S. Centers for Disease Control and Prevention (CDC) and other respected medical institutions worldwide engaged in HIV/AIDS research.

Talkingwithkids.org (<http://talkingwithkids.org/first.html>) is a website recommended by the National Parent Teacher Association and child development experts about talking to youth regarding tough issues.

Each student MUST return the slip below, signed by you, indicating your permission for your son or daughter to attend the presentation. Students that do not have the permission will not be allowed to enter the presentation.

*** PLEASE SIGN AND RETURN TO SCHOOL ***

[] YES, I give my permission for my son/daughter to attend the performance of Kaiser Permanente's Secrets at the 2013 LULAC Youth Leadership Conference.

Student's Name: _____

Parent's Name: _____

Parent/Guardian's Signature: _____

Phone: _____

Date: _____



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CONFERENCE ATTENDANCE PERMIT (Page 3)

SPECIAL PERMISSION REQUIRED:

El día viernes 21 de octubre la organización LULAC ofrecerá un programa premiado de educación de la salud que es patrocinado por Kaiser Permanente sin costo alguno a los participantes de la conferencia de liderazgo para jóvenes en el colegio de Delta en Stockton. *Secretos* (Secretos) es una producción de teatro en vivo que usa drama, humor, y un grupo de actores/educadores de diversas razas para enseñarles a los adolescentes los peligros del VIH y las ETS (enfermedades de transmisión sexual). Este programa ha sido visto por casi tres millones de estudiantes a través de la nación.

Secretos cuenta la historia de Eddie y Mónica. El es un atleta de la escuela secundaria (high school) con un futuro brillante cuya primera experiencia sexual lo pone a riesgo de infectarse con el VIH. Ella es una estudiante popular que está comprometida a la abstinencia. Consecuencias trágicas interrumpen sus vidas cuando Eddie se entera que está infectado con el VIH. Mientras la obra se desarrolla la audiencia aprende que las decisiones que toman tienen un gran impacto sobre su salud y también sobre su familia y amistades.

Después de esta producción en vivo seguí un periodo de preguntas y respuestas de 15 minutos con los actores/educadores, quienes han sido entrenados por doctores, expertos del VIH, y consejeros.

Los estudiantes aprenderán a través de los personajes que: 1) La abstinencia es la única manera de 100% eficaz para prevenir las ETS y el VIH, 2) Las acciones tienen sus consecuencias, 3) La toma de decisiones responsable puede prevenir que una persona se infecte con el VIH y 4) Hay maneras efectivas de resistir la presión de los compañeros.

Toda la información médica en *Secretos* está basada en lo que se ha encontrado en las investigaciones de los Centros para el Control y la Prevención de las Enfermedades de los Estados Unidos (CDC, Centers for Disease Control and Prevention: www.cdc.gov) y otras instituciones reconocidas mundialmente que están involucradas en las investigaciones del VIH y del SIDA.

Talkingwithkids.org es un sitio recomendado por la Asociación Nacional de Padres y Maestros (National Parent Teacher Association) y expertos en el desarrollo de los niños que discute cómo platicar con los niños sobre asuntos difíciles.

Cada estudiante necesita devolver la forma de abajo, firmada por usted, indicando su permiso para su hijo o hija. Los estudiantes que no presentan el permiso no podrán asistir la presentación y serán asignados a otra actividad.

*** POR FAVOR, FIRME, Y DEVUELVA A LA ESCUELA***

[] Sí, Yo doy permiso para que mi hijo/hija asista la presentación de Kaiser Permanente *Secretos*.

Nombre de Estudiante: _____

Nombre de Madre/Padre o Tutor Legal: _____

Firma de Madre/Padre o Tutor Legal: _____

Número de Teléfono: _____

Fecha: _____



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Friday, November 1, 2013
7:30 a.m. to 4:00 p.m.
San Joaquin Delta College, Stockton, California

The League of United Latin American Citizens, Stockton Council 2060, in Partnership with San Joaquin Delta College and numerous community service organizations throughout San Joaquin County will be holding its 2013 LULAC Youth Leadership Conference.

DATE: Friday, November 1, 2013

PLACE: San Joaquin Delta College

ADDRESS: 5151 Pacific Avenue
Stockton, CA 95207

TIME: 7:30 a.m. to 4:00 p.m.

FOR MORE INFO: Gloria Gamez (209) 468-3524

**Be
inspired!**

The 2013 LULAC Youth Leadership Conference will provide speakers and workshops on a variety of topics including:

- employment and career opportunities
- leadership
- community resources
- scholarships
- health awareness

**Free
Registration!**

**Lunch is
Provided!**

Join us for a wonderful day building your awareness of the secrets to your success.

Register on-line at <http://youth.sulandassociates.com> today!

Registration deadline is October 18, 2013.

**Arrive early for
Continental
Breakfast!**



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San Joaquin Delta College, Stockton, California

The following agencies are represented on the conference planning committee.

- Anthem Blue Cross
- Cal-State University Sacramento
- California Human Development Corporation
- Council for the Spanish Speaking
- Health Plan of San Joaquin
- Human Services Agency
- Latinas United Republican Women Federated
- Latino Graduation Recognition
- League of United Latin American Citizens
- Local School Districts in San Joaquin County
- Mexican Heritage Center
- Mexican-American Hall of Fame
- San Joaquin County Hispanic Chamber of Commerce
- San Joaquin County Office of Education
- San Joaquin County WorkNet
- San Joaquin Delta College
- San Joaquin Lions Club
- Sul and Associates
- University of the Pacific



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